

Chapter 1 So let's analyze! The "t"-Party

Welcome to the t-party. Good news! This "t" is both caffeine and calorie free!

We are going to begin the adventure of discovering personality from handwriting with a look the lower case "t." Although it looks like a pretty simple letter, it shows more personality traits than any other letter of the alphabet.

So let's get brewing and discover the secret ingredients of the "t."

Where Do You Set Your Goals?

"If you aim for nothing that is probably what you will get" is a common saying. Basically it is advising that we set goals that we want to achieve, and all of us do to some degree. Some do it more. Some do it less.

Take a look at your **t-bars**. This is the horizontal stroke that crosses the upright stem of the letter "t".

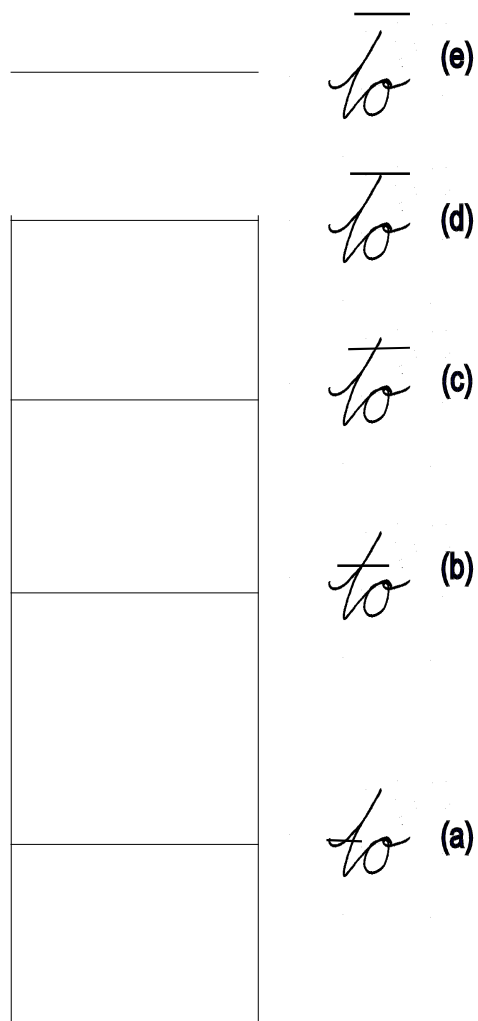
Where do you place yours? High, low, in the middle or all over the place?

Now imagine yourself, at the bottom of the **Ladder of Success**, (illustrated on the next page) looking up. How high do you think you'll aim? How far do you think you'll get?

Where you place your t-bar shows where on the ladder of success you place your goals.

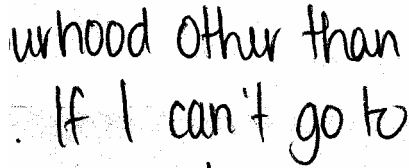
However, only t-bars which cross the t-stem can be evaluated for goals. Off to the left or right certainly have their own meaning, but goals cannot be evaluated from them.

The Ladder of Success



Starting at the bottom and working your way up, look at the **t-bar (a)** on the **Ladder of Success**.

This writer stands at the bottom of the ladder and looks at the first rung. "I will aim for that rung" he thinks "because I know I can get there soon." This is an example of **Day To Day Goals**. A sort of "sure and steady wins the race" type of thinking, and it can work. Sure and steady can indeed result in great success.



urhood other than
. If I can't go to

Limited, Day to Day goals shown by t-bars level with, or lower than tops of lower case letters.

Once he reaches that first rung, he will then focus on the second rung, etc. It's a methodical kind of advance, just one step at a time. Some very successful, and famous people have day to day goals. But, one wonders whether success might come more quickly if the goals set were more ambitious.

Writers, who make their "t" s as **sample (b)** on the **Ladder of Success**, aim a little higher. They look at the ladder of success and decide that they can stretch a little bit, and achieve the second rung. This is an example of **Low Practical Goals**. Most people have the ability to achieve this type of goal.

is, and then to relate
the various areas of the

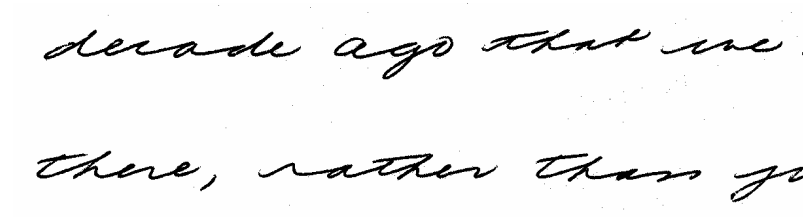
Low, practical Goals shown by the t-bars just above the level of the lower case letters.

And how about (c) on the **Ladder of Success**? These goals are **High Practical**, asking the writer to stretch more to achieve them, but still within the "you should be able to achieve them" range.

I went out to
son and daughter-in-law's.

Ambition and Self Confidence shown in the t-bars which are high, but not quite at the top of the t-stems. This shows High Practical Goals.

In **sample (d)** on the **Ladder of Success**, goals are perched right on the top of the t-stem, but still touching. These are **Visionary Or Distant Goals**. They require the writer to stretch himself. He is standing at the foot of the ladder, saying, "Yes! I can do it, I can reach the top!" and with effort and ability, hopefully he can.



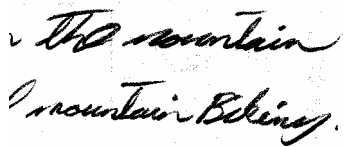
decade ago that we
there, rather than go

Very Ambitious, Distant Goals shown by the t-bar right at the top of the t-stem, but still touching it.

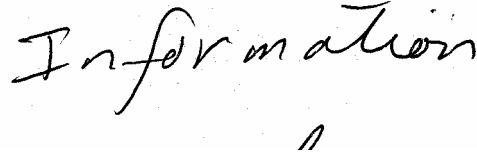
A mixture of (c) and (d) goals are probably the best for achievement, as the (d) goals give the stepping stones to high flying (c).

Look at **sample (e)** on the **Ladder of Success** (p14)? What type of goals do you think that writer sets himself?

I expect you guessed it correctly. This is the dreamer, the writer with his head in the clouds. Dreams are good. We should all have them. But if most of your goals are in the dreamer range, I would suggest you consider "getting connected!"



The mountain
Mountain Climbing.



Information

The "t" in "mountain" and "information" are example of t-bars floating above the t-stems showing the dreamer, with no real substance to their goals.

A variety of heights of t-bars just means you set yourself different goals in different areas of your life.

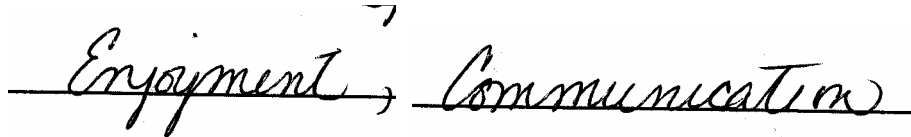
What type of goals do you set yourself?

Look at your writing and find out.

Personality Fun Kit for Teens
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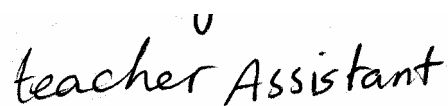
Goals Spot Quiz:

Look at the samples below, and identify the writers' goals. Answers are at the back of the book.



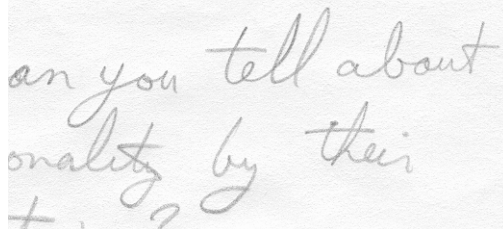
Enjoyment, Communication

Goals – Sample A



teacher Assistant

Goals – Sample B



an you tell about
onality by their

Goals - Sample C